



VOCAL ALCHEMY FOR RETREATS

The voice as a *living instrument*

Sound healing, vocal exploration and authentic expression,
offered as a complement to your retreat programme. Held by
Mysticlio, Vocal Alchemist and Sound Healer, based in Ubud.



UBUD, BALI INDIVIDUAL & GROUPS 1 HOUR TO 2 DAYS

Services

SOUND HEALING

THERAPY

ENERGY WORK

CEREMONY AND RITUAL

MEDITATION

INDIVIDUAL AND ADD-ON

Vocal Sound Healing

1 HOUR

An immersive vocal sound journey using harmonic singing, overtone resonance, intuitive vocal expression and vibrational sound. Guests are guided into deep listening, relaxation, embodied awareness and inner stillness through the therapeutic qualities of the human voice.

Offered as a complement to a retreat, workshop, training or personalised session. Not booked separately.

Personalised Vocal Alchemy Session

2 HOURS · 1 TO 2 PEOPLE

A deeply personalised experience adapted to the individual or pair. Through vocal exploration, breath, embodiment, resonance, intuitive expression and sound healing, guests are supported in meeting their own voice. Space for greater vocal freedom, confidence, presence and authentic communication.

Minimum of 2 sessions, or added to another service.

Overtone and Throat Singing Activation

2 HOURS · 1 TO 2 PEOPLE

A step by step guided exploration of the harmonic frequencies naturally contained within the voice. Guests learn the foundations of overtone and throat singing, with personalised feedback and simple techniques to keep practising at home.

Minimum of 2 sessions, or added to another service.

GROUP EXPERIENCES · 2 TO 20 PARTICIPANTS

Half-Day Vocal Alchemy Workshop

3 HOURS

An immersive introduction to the voice as an instrument of expression, connection and transformation. Guided vocal practices, breath, resonance, movement, toning, improvisation and embodied awareness, in a playful and supportive space.

Full-Day Vocal Alchemy Workshop

6 HOURS

A deeper exploration combining vocal technique with embodiment, resonance, conscious expression, improvisation and emotional awareness. The day alternates between guided practice, individual and collective exploration, integration and deep listening.

Vocal Alchemy Training

2 DAYS

An intensive journey into the transformative potential of the human voice: vocal technique, breath and resonance, embodiment, improvisation, sound healing, emotional exploration, meditation and conscious communication, with practical tools to continue beyond the training.

PRACTICAL

Rates and requirements

Vocal Sound Healing	1 HOUR	2,000,000 IDR approx. 100 €
Personalised Session / Overtone Activation	2 HOURS	4,000,000 IDR approx. 200 €
Half-Day Vocal Alchemy Workshop	3 HOURS	6,000,000 IDR approx. 300 €
Full-Day Vocal Alchemy Workshop	6 HOURS	10,000,000 IDR approx. 500 €
Vocal Alchemy Training	2 DAYS	20,000,000 IDR approx. 1,000 €

Euro figures are indicative and rounded. Invoicing is in IDR at the prevailing rate.

WHO IT IS FOR

Suitable for complete beginners as well as singers, artists, facilitators, coaches, teachers, speakers and practitioners wishing to deepen their relationship with the voice. No singing experience is needed.

THE SPACE AND SET-UP

A safe, contained space where sound and radical expression are welcome, with room to move freely. Yoga mats and cushions for each participant. Any further requirements we discuss beforehand, depending on group size and experience.

TRAVEL, FOOD AND ACCOMMODATION

I am based in Ubud. Travel is covered by me for any venue within an hour's drive. Beyond that, travel is discussed and covered by the venue, as are meals and accommodation when I stay for several days.

WHERE I HAVE FACILITATED

UBUD	The Yoga Barn · Radiantly Alive · Samyama · Dragon Tea Temple
BALI RETREAT CENTERS	UDARA Bali · Cili Emas
COSTA RICA	Alya Retreat Center · The House of Waves
MEXICO	Our Habitas

"He has a rare balance of being incredibly warm and welcoming, while also deeply professional, powerful and grounded. From the beginning of our private session I felt completely safe and held."

LISA ALEXANDER · BALI

GET IN TOUCH

Lionel Martínez, known as Mysticlio

lavoixalchimique336@gmail.com · [WhatsApp +33 7 49 84 74 77](https://www.whatsapp.com/+33749847477)

[Website](#) · [Instagram](#) · [Book a call](#)

